

Introduction

We are Ashley, Alex and Elli, representing Paddling Padawans of Ontario, to guide your group through the Haliburton Highlands Water Trails! Included in this package is the complete details of the intended trip, such as the meal plan, trip route and emergency contacts. All three of us are highly experienced outdoor adventurers with a passion for passing on all the skills we have acquired to everyone we come across. Please read over all the details of the proposed trip plan carefully, and contact Paddling Padawans of Ontario for any further questions and concerns at 905-663-7282.

Objective

Introducing youth to paddling and back country tripping as well as developing teamwork and leadership skills through wilderness adventure.

Route

Day 1: Arrive at Herb Lake Access Point at 11AM, introductions, set up, and brought lunch, on water by 12/12:30PM. Paddle into Ernest Lake, portage 157M to Gun Lake, paddle Gun Lake to 343M portage into Raven Lake, paddle Raven Lake to site 16A. –Paddle 8.5KM –Portage 597M



(Raven Lake 16A)

Day 2: Leave Raven Lake site 16A by 10AM, portage 282M, river paddle, portage 237M into Little Avery Lake. From here portage 525M, but there is a chance to float the portage. Portage 110M into Sherborne Lake, paddle to Big Hawk Lake site 64C –Paddle 8Km –Portage 1369M



(Big Hawk Lake 64C)

Day 3: Leave Big Hawk lake site 64C by 10AM, portage 95M into Snowshoe Lake paddle to the next portage of 97M into Midway Lake, cross Midway Lake, portage 292M, paddle a small lake, portage 70M into Black Cat Lake. Paddle across Black Cat Lake, portage 518M into Clear Lake, paddle to Clear Lake site 36. –Paddle 4Km –Portage 1072M



(Clear Lake 36)

Day 4: Leave Clear Lake site 36 by 10:30AM, paddle across Clear Lake, portage 210M into Red Pine Lake, paddle Red Pine Lake to Kennisis River, exit at the Kennisis River Dam Access Point. –Paddle 6Km –Portage 210M

	Leaving site	Paddle	Portage	Stay at site
Day 1	N/A	8.5Km	597M	Raven Lake 16A
Day 2	Raven Lake 16A	8Km	1369M	Big Hawk 64C
Day 3	Big Hawk Lake 64C	4Km	1072M	Clear Lake 36
Day 4	Clear Lake 36	6Km	210M	N/A

Pictures: "Browse Maps." *Haliburton Highlands Water Trails Online Reservations*. Township of Algonquin Highlands, n.d. Web. 28 Nov. 2016.

Menu

	Day 1	Day 2	Day 3	Day 4
Breakfast	N/A	-Raven Lake 16A -Chocolate chip pancakes	-Big Hawk Lake 64C -Western breakfast sandwiches, precooked bacon optional	-Clear Lake 36 -breakfast burritos
Lunch	-Bring Lunch -To be had at Herb Lake Access Point	-Lunch at beginning of 343M portage -Veggie wraps (cured ham optional)	-Lunch on Sherborne Lake -Guacamole and pitas	-Kennisis Dam Access Point -Makeshift lunchables
Dinner	-Raven Lake 16A -Spaghetti with vegetarian "meat" sauce	-Big Hawk Lake 64C -Campfire Nachos	-Clear Lake 36 -Tortilla pizzas with bonfire banana boats for dessert	N/A

Lesson Plan

The focus of this trip is on building experience and comfortability specific to canoe tripping. This means the trip is slightly less lesson focused and more skill building focused. The lessons are more structured in a way to effectively work in and build skills then learn entirely new concepts. During the introduction on the first day, some basic “what to do” will be covered, however this should be designed more as a reminder, as all clients have had a 3 hour canoe lesson on the basics. On the water on the first day we will introduce different strokes to each respective youth in their canoe. The first night will again be building on basics, where, why and how to pitch a tent, set up cleaning stations, and brush teeth, along with general fire safety.

The first morning will be a brief lesson on leave no trace ethics followed by cleaning camp and reinforcing the leave no trace concept that was just covered. The second day is the longest amount of portaging, and so proper self-regulation with water and food, as well as caring for other users (how you leave a portage) will be the theme of the day, while again on the water reinforcing proper paddling technique.

The third day, providing ease of weather, will provide a chance for those wanting, to steer the canoe, this will preferably be on the smaller lakes in between portages (Midway Lake & the small river). The third night will put a focus on some slightly more advanced skillsets, to build on the basis throughout, with a focus on knot tying and knife skills, and why these are necessary parts of an outdoor excursion.

Pack List

Clothing

- 2 long sleeved shirts (preferably polyester/spandex)
- 2-4 T shirts
- 1-2 pair shorts
- 2-4 pair water resistant/proof pants
- 1 pair thermal underwear
- 4 pair quick dry socks
- Rain jacket & pants
- Sun hat/ baseball cap
- Toque
- Wool/thick sweater
- 1 sleeping outfit
- Bathing suit

Toiletries

- Towel
- Toothbrush
- Toothpaste
- Feminine hygiene product

Gear

- Sleeping bag
- Sleeping pad
- Hiking boots
- Camp shoes
- Fox 40 Whistle
- Flashlight/headlamp
- Bug spray
- 1 liter water bottle (preferably Nalgene)
- 1 Bowl, 1 Mug & Camp utensils
- OPTIONAL: personal paddle & personal PDF

Guides Bring

- 2 Whisper lite stoves and assorted fuel
- 1 set camp pots
- Whistle
- 9 adjustable PDFs
- 3 tents
- 3 canoes
- Total food list (plus one extra days' worth)
- Food Barrels
- Full "Adventure Medical Kit, Mountain Series"
- Tylenol
- Flares
- 2 Water purification systems

Contingency Plan

Possible Escape routes

- Herb Lake Access Point (Day 1)
- Access Road at Second Raven Lake Portage point (Day 1&2)
- Sherborne Road Access Point on upper Sherborne Lake (Day 2)
- Big Hawk Lake Access Point (Day 3)
- Nunikani Lake Dam Access Road (Day 3)
- Kennisis Lake Dam (Day 4)

Communication Plan

- All guides have cell phones (service throughout park)
- Personal Locator beacon
- Each client has a whistle and will be trained in whistle signals during introduction
- Flares in Guide pack list

Search & Rescue Plan

Before the commencement of the canoe trip, all group members should first be briefed on the appropriate steps to take in the event that they become separated from the rest of their group.

In the event that a group member is separated from the rest of their group, the following protocol should be adhered to:

- As soon as the absence of a group member is noted, guides should immediately gather the remaining group members together and establish a designated meeting area
- An attempt to establish the missing member's last known location should then be made (PLS), as well as to gather any other relevant information that might aid in locating them.
- Guides must then establish a command post, and split the remaining group members into pairs or groups of three. In the instance of this trip, each grouping would need to include one of the three trip guides.
- Guides should then determine which areas need to be searched by each of the divided groups, such as confining one group to searching the portage trails, and another to the shore of the lake.
- A set amount of time should be clearly established, by which the remaining group members should conclude their search and return to their designated meeting area
- Searches should have been previously advised to carry whistles on them, and attempt to notify the lost group member of their presence by employing their whistles, and also calling their name.

Once the group reconvenes, if the missing group remains unfound, the appropriate authorities are to be notified.

Transportation

Guide Car 1: 2006 Honda CRV, Grey, BZAK-537 (Alex Easey, 647-459-3868)

Guide Car 2: 2010 Ford Escape, Brown, AMFN-392 (Ashley Cochrane, 613-816-3161)

Clients: Foley Bus Lines Tours & Travel (343-600-2947)

Guide car parked at Herb Lake Access parking lot, meet clients getting on chartered small bus at 11AM on 11/7/17.

Second Guide Car parked at Kennisis Dam Access Point, Meet Foley Bus Lines small Bus at Kennisis Dam Access for 12PM on 14/7/17.

Park Permits and Regulations

Camping permits and reservations are required when camping in the backcountry of the Haliburton Highlands Water Trails, and can be made through either their online reservation system, or by phone through their toll free number at 1-866-364-4498. A non-refundable registration fee of \$10 would automatically be applied after using either method. A nightly camping fee of \$12.00 per guide, and \$5.00 per camper would be applied for a group of 9 (3 guides, 6 campers), totaling \$198 for the entirety of the group and duration of the trip.

Reservation fees (permit) \$10 per site.
\$30 reservation fees.

As a group of 9 we do not fall into the group site requirement and are free to use the general use sites. Check in and out for each site are 12PM. following our schedule we will be fully departed from each site before noon and not arrive at our next site until after noon. All of the Haliburton Highlands Water Trails park practices leave no trace, which also provides an opportunity to teach the clients about leave no trace and general camping ethics. In these ethics it will cover other park regulations like fires only in designated areas, being respectful of noise pollution, and being careful to not disturb the ecosystem or feed animals.

Emergency Contact Information

Police

John Precept: Ontario Provincial Police, Haliburton Highlands Detachment (705-286-4532)

Park Rangers

Haliburton Highlands Water Trails Office (705-766-9033)

Camp Staff

Andrea Perkin, Camp Coordinator (Home: 705-430-0602) (Office: 249-667-0321)

Haliburton Hospital (closest care facility)

7199 Gelert Rd, Haliburton, ON (705-457-1392)

Guardians

Name	Relation	Phone Number
Williams, Drake	Father, Minnie	705-440-0682
Crowling, Olivia	Mother, Violet	705-412-5827
Seputus, Macy	Mother, Julie & Jamie	705-627-6691
Johns, Jordanna	Mother, Rita	705-803-2961
Dunlop, Bradley	Father, Rose	249-603-9251

Paddling Padawans of Ontario

905-663-7282

all telephone numbers are for example only and are randomly generated numbers